



**West Central District
4-H Volunteer Leaders'
Fall Day**

Saturday, November 14, 2009
Rowan County Extension Center
Salisbury, North Carolina
9:00 a.m. – 1:30 p.m.
Cost: \$6.00

(includes refreshments, lunch and workshops)
Deadline to register is November 6th!

WORKSHOP TOPICS

“What’s ACE?” - The North Carolina 4-H Master Volunteer Achievement in Continuing Education (ACE) program is designed to assist volunteers in the development of specialized skills as 4-H volunteers by participating in quality training experiences, processing learning experiences, conducting service activities/projects, and developing a Master Volunteer ACE portfolio.
Instructor: Suzanne N. Rhinehart, Alexander County 4-H Agent. (Workshop 1)

“Project Books From A to Z” – The basics of how to get your 4-H’ers involved in 4-H project books, importance of record keeping and the tricks of the trade in completing the forms. **Instructor: Suzanne N. Rhinehart, Alexander County 4-H Agent. (Workshop Session 3)**

Goat Basics - Class will consist of choosing the right breed for you and learn how to pick the best for show. Basic care, maintenance care, show equipment, and show preparations. There will be a few showmanship pointers as well. **Instructor: Michael Adams, Alexander County Volunteer. (Workshop Sessions 1)**

Woodworking - Join in as we learn some basics of woodworking while building our own paddle boats to take home! **Instructor: Rodney Glidewell (Workshop 2)**

Friends of State Parks – Learn how to network with your local N.C. State Parks in this session and discover their unlimited resources! **Instructor: Janet Pearson, Park Ranger & Surry County 4-H Volunteer. (Workshop 3)**

Etiquette – Are you an advocate for 4-H? This workshop covers ways to portray 4-H as a quality club with quality leaders and members. We will go over impromptu speeches about the club, ways to meet and greet donors, dignitaries, and manners and etiquette while talking with other about 4-H. We will practice...What to say...What to wear... and What to do...to leave the impression that 4-H will “Make the Best Better!” **Instructor: Micki Earp, Alexander County Volunteer. (Workshop Session 2)**

Gifts by Nature - Get crafty as we make some great decorations and holiday presents out of natural materials. Discover the many possibilities of how to use pine needles, twigs, leaves and more while we make gifts out of these often forgotten objects. **Instructor: Teresa Wilkins, Surry County 4-H Agent. (Workshop Session 3)**

Sew Resourceful – Learn how to create some simple projects that may be used for future service projects and/or gifts. While making your project discover how life skills can be easily incorporated into your club project. Participants will also get to explore various sewing curriculums that are available. **Instructor: Karen Zika, Iredell County Volunteer. (Workshop Session 1 & 2).**

Special Note: Each county is asked to help in creating a WC 4-H Leaders’ Scrapbook that will be on display at the 2010 Leaders’ Conference. Each county needs to bring three pages with one page representing the past, the present, & the future of 4-H in their county.

SCHEDULE

9:00 – 9:30 a.m.	Registration/Morning Refreshments
9:30 – 9:40 a.m.	Opening Session
9:40 – 10:25 a.m.	Workshop #1
10:25 – 10:30 a.m.	Break
10:30 - 11:15 a.m.	Workshop #2
11:15 – 12:00 p.m.	Workshop #3
12:00 – 1:00 p.m.	Lunch & Business Meeting
1:00 – 1:30 p.m.	Jam Session—bring ideas to share!

**To register call the NC Cooperative Extension Center – Alleghany Center at (336)372-5597
or e-mail Amy Lucas at amy_lucas@ncsu.edu by Monday, November 6.**