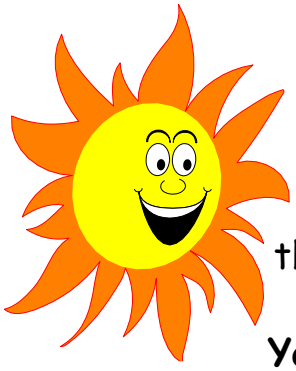
North Carolina Cooperative Extension Service

NC STATE UNIVERSITY

Alleghany County Center
90 S. Main Street
P.O. Box 7
Sparta, NC 28675
336-372-5597
336-372-2279 ~ fax

Alleghany Clover News Summer Fun 2011

18 USC 707



Summertime is almost here and we are excited about the fun activities planned for you. We hope that you will join us in all of our events. For each activity that is listed in this newsletter, you will see the ages that apply.

You MUST come to the Extension Office to register for each activity. If there is a fee, payment is due at the time of registration to secure your child's space.

Parents must complete needed paperwork at registration, including a medical release, code of conduct, and media release.

Hope you can join the fun!

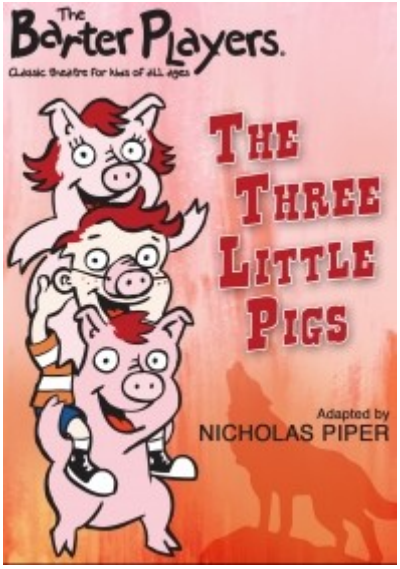
Amy Lucas

Amy Lucas
Extension Agent
4-H Youth Development

North Carolina State University and North Carolina A&T State University commit themselves to positive action to secure equal opportunity regardless of race, color, creed, national origin, religion, sex, age or disability. In addition, the two Universities welcome all persons without regard to sexual orientation. North Carolina State University, North Carolina A&T State University, U.S. Department of Agriculture and local governments cooperating.

BARTER THEATRE - THREE LITTLE PIGS

June 16 ~ 8 am - 1:30 pm
Ages: 5 -9
Cost: $15 Limit: 6
Bring a bag lunch & drink



Before her three little pigs leave home, Mama Pig tells them to beware the Big Bad Wolf and his passion for pork. The two youngest pigs ignore her warnings and build houses out of sticks and straw. When the Wolf blows them down, it's up to Sam, the oldest pig sibling, to save the day. Can she outsmart the Wolf before he turns her family into barbecue? Come join this zany adventure based on the beloved fairy tale. We will meet at the County Office Building Parking Lot (90 South Main Street).

Registration Deadline: Tuesday, May 31st

A Football Experience

June 17 ~ 8 am – 5 pm
Ages: 10+
Cost: Free ~ Limit: 10

Have you ever wondered what it will be like to play football in college? If so, join us as we experience a day in the life of a college football player. Our intern, Daniel Aldaco, will take us on a tour of Greensboro College. We will see the campus and the athletic facilities. We will meet at the County Office Building Parking Lot. Please bring money for lunch (approx. $10).

Registration Deadline: Monday, June 6th

Wet 'N Wild Emerald Pointe

June 20 ~ 8 am – 5 pm
Ages: 13+
Cost: $35 ~ Limit: 10

Come out and enjoy a day of fun in the sun! That morning we will begin with a short workshop on water and sun safety. Then, the rest of the day will be spent enjoying the water park. Transportation, lunch and your ticket into the amusement park will be provided. You will need to bring money for any additional drinks/snacks you may want while in the park and for any souvenirs you may wish to purchase. We will meet at the County Office Building Parking Lot (90 South Main Street). Please be sure to bring your bathing suit and a change of clothes, as well as, a towel and sunscreen.

Registration deadline: Friday, June 10th

Chef & Child

June 21-23 ~ 9:30 am – 11:30 am
Ages: 8-12
Cost: FREE ~ Limit: 12

Do you like to cook or want to learn how? Come out and join us & a professional chef for a 3 day series where you will learn about nutrition, safety and food preparation. Each day you will cook & eat a variety of recipes. We will meet at the Alleghany County High School Family & Consumer Education Classroom. Space is limited and preference will be given to youth who have not participated previously.

Registration deadline:
Friday, June 10th

District Activity Day

June 22 ~ 8 am – 5 pm
Ages: 5+
Cost: FREE

Come show off your presentation skills in Davie County. Competition is open to youth ages 9-18. Presentations should be between 5-12 minutes. There is also a cookery division and Expressive Arts component where you can showcase your talents. Cloverbuds (ages 5-8) are also encouraged to participate, but they will not be judged on a competitive level. Winners at the district level will be invited to present at the state level at NC 4-H Congress in July. Winners at district levels, depending on category, will receive: cash prizes, medals and scholarship money to attend Congress.

Registration deadline is Tuesday, May 31st

US National Whitewater Center

June 27 ~ 8 am – 5 pm
Ages: 12+
Cost: $50 Limit: 10

Join us as we make our way to Charlotte NC for a day of outdoor adventure. You will have unlimited access to all of the following: Whitewater Rafting, Canyon Crossing, Climbing, MegaZip, Mega Jump, Mountain Biking, Adventure Course, Climb 2 Zip, Flatwater Kayaking, Whitewater Kayaking, Stand-Up Paddle Boarding and Eco Trekking. This will be the most thrilling trip of the summer so don't miss out !! Snacks will be provided. You will need to bring money for lunch. Scholarships may be available. We will meet at the County Office Building Parking Lot.

Registration deadline: Friday, June 10th

Discovery Place / Mint Museum

June 29 ~ 8 am—5:30 pm
Ages: 8+ Cost: $25 Limit: 15
Please bring $10 for lunch

Come with us as we start our day at the Mint Museum of Art and experience some outstanding collections of American, contemporary and European Art. We will have a guided tour, participate in some hands-on activities to connect to the artwork and see if you can be the first to complete the scavenger hunt throughout the museum. In the afternoon we'll make our way to Discovery Place and find organisms and creatures from across the globe in World Alive. Celebrate Earth's biodiversity as you learn about species and ecosystems and understand their importance to the overall health of the planet. Channel your inner inspiration, imagination and innovation in Think It Up, a hip "thought studio" and multi-sensory world of color, light, sound and creation. Build on what you already know about architecture in Project Build as you explore the design behind everything from forts to pyramids to skyscrapers. Create your own building sketches, develop floor plans and design buildings with state-of-the-art multimedia programs. We'll end our day at the IMAX theatre as we pop in to an eye-popping experience in the Discovery 3-D Theatre.

Registration deadline: Friday, June 10th

Zoo Snooze

June 30 - July 1
Ages: 8-12
Cost: $35 ~ Limit: 4

We will be traveling to the North Carolina Zoo in Asheboro for a special program on Creatures of the Night. We will be taking a closer look at bats and owls and will shed some light on the mystery of what's really going 'bump in the night'. Participants will have a blast building bat boxes and a hoot dissecting owl pellets. After we spend the night in the zoo we will tour the zoo on Friday. Snacks, breakfast and transportation are provided. You will need to bring additional money for dinner on Thursday and lunch on Friday (approx. $15-20). Additional spending money is optional. We will leave on Thursday from the County Office Building Parking lot at 3:30 p.m. and return Friday afternoon.

Registration Deadline: Friday, June 10th

Betsy-Jeff Penn 4-H Camp

July 3-8

Travel with us to Reidsville, NC to the Betsy-Jeff Penn residential 4-H camp. There are tons of activities and adventures. **Traditional Camp (ages 8-12)** – great sample of all major camp activities, including archery, swimming, horseback riding, low ropes, high ropes, climbing tower & more! **Adventure Camp (ages 12-14)** – main camp activities + overnight camping, more challenging adventure activities and zipline! **Trekker Camp (ages 13-15)** - Hiking, camping, high ropes and rock climbing. Not for the faint of heart! Cost of the camp is $345 but scholarships may be available. Limited space is available. Call (336) 372-5597 for more information.
REGISTRATION DEADLINE: Tuesday, May 31st

Tube the New

July 6 ~ 1:00 pm – 5:00 pm
Ages: 12+
Cost: $15 ~ Limit: 10

Join us as we tube the New! We will spend the afternoon tubing our way down the New River. You MUST be able to swim in order to participate in this activity! Make sure you wear your bathing suit, water shoes (NO flip flops!) and sunscreen. You will also need to bring a towel and a change of clothes. A snack will be provided. We will meet at the County Office Building parking lot.

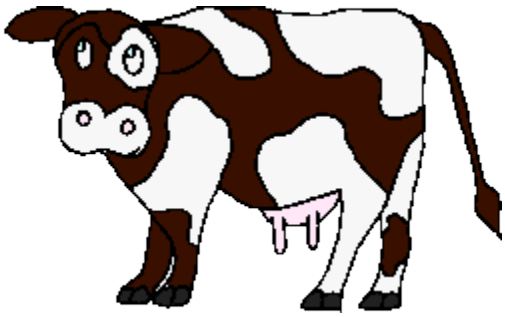
Registration Deadline: Monday, June 27th

Southeast Youth Dairy Retreat

July 10-14
Ages 9+ ~ Cost: $125

The Southeast Dairy Youth Retreat is a regional event that rotates between NC, SC, VA, GA & FL. Don't miss out on a great opportunity to learn more about the Dairy Industry and what it has to offer. This event will take place at the Hampton Inn in Asheboro, North Carolina and is for youth and for any parents and dairy youth program volunteers who wish to attend. Scholarships may be available.

Registration deadline: Friday, May 27th



CHALLENGE COURSE

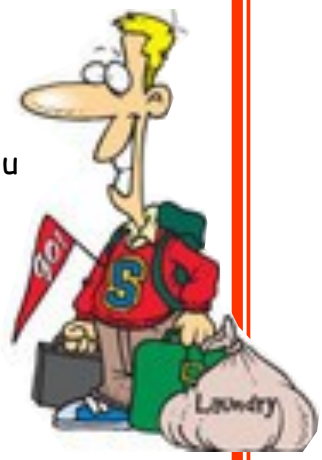
July 13 ~ 1:00 pm – 4:00 pm
Ages: 8-14
Cost: $7 ~ Limit: 12

Come try out your team building and problem-solving skills on the new Alleghany Challenge Course. With more than 10 low ropes elements, prepare to be challenged and learn how to work together to overcome obstacles. Activities are specific for age group. A snack will be provided. We will meet at the County Office Building parking lot.

Registration deadline: Friday, July 1st

COLLEGE TOURS

July 15 ~ 8:30 am—6:30 pm
Ages: rising 9th-12th graders
Cost: $5 ~ Limit: 10
Please bring $10 for lunch



Are you interested in attending college? Would you like to visit and compare campuses? Join us as we tour Guilford College and Elon University. We will tour each campus and learn what each has to offer.

Reg. Deadline: Tuesday, July 5th

4-H Congress

July 18—21
Ages: 13-18
Cost: $225
(Scholarships may be available)

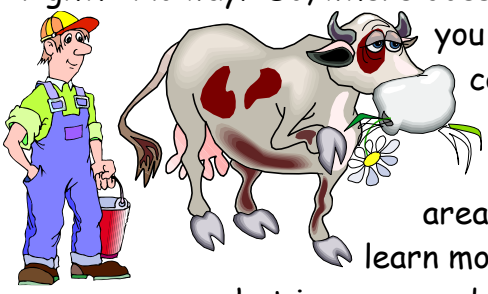
4-H Congress will be on the campus of NC State University in Raleigh for 4-Her's **ages 13 and older.** This is a week full of activities including presentations, workshops, service projects, banquets, and dances. You don't want to miss out on all the fun & exciting opportunities.

Registration Deadline: Friday, June 10th

Farm to Table

July 18 ~ 10 am—3 pm
Ages: 8+
Cost $10 Limit: 12

Grocery stores, convenient stores, and vending machines provide our food supply, right? No way! So, where does the food you eat really come from? Join us as we visit area farms and learn more about what is grown and how it gets to our tables. Lunch will be provided.

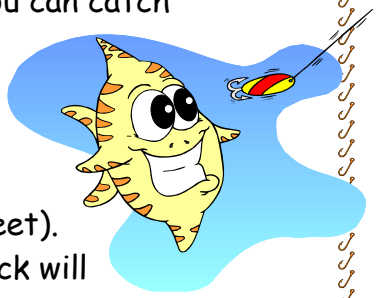


Reg. Deadline: Monday, July 11th

TAKE THE BAIT

July 20 ~ 9 am – 12 pm
Ages: 10-19
Cost: $5 ~ Limit: 12

We will travel to a local fishing pond and spend the morning fishing. Try your luck casting and see if you can catch the "big one"! We will meet at the County Office Building Parking Lot (90 South Main Street). Poles, bait and a snack will be provided.



Registration deadline: Friday, July 1st

PHYSICAL FUN

July 22 ~ 9 am—4 pm
Ages: 10+
Cost: $20 ~ Limit: 12

Come join us as we travel to Ashe County to spend a day enjoying the fun physical activities of roller skating, bowling & playing putt-putt golf. We will learn why it is important to our health to be physically active.

Registration Deadline: Monday, July 11th

ALLEGHANY'S "HORSELESS" 4-H DAY CAMP 2011

Would you like to participate in a horse camp, but don't own a horse? Well, we have the perfect solution for you! The Alleghany 4-H "Horseless" Day Camp will be held July 26th at the Alleghany County Fairgrounds in Sparta. The hours of the camp are 9am to 3pm and the cost is $50. Participants will enjoy learning about beginning horsemanship skills.

If you are interested in attending this camp, please print, fill out & mail in the application form. All forms can be found on the 4-H Blog, alleghany4h.blogspot.com or by contacting the 4-H office. The deadline is June 1, 2011.

If you are notified of being accepted for camp, you will receive a camp manual that outlines the planned activities. If you have any questions or would like more information, please contact the 4-H office at 336-372-5597 or Donna Hash at 336-359-8457.

ALLEGHANY 4-H "HAPPY TRAILS" HORSE CAMP

The Alleghany 4-H "Happy Trails" Horse Camp will be held July 26-30, 2010 at the Alleghany County Fairgrounds. Participants will enjoy improving their horsemanship skills and take part in special activities such as, trail rides, trainings, etc. They will also have an opportunity to participate in a mini horse show.

There are also openings for Junior Leaders. To be eligible, you must be 16-19 years old and a current 4-H member. Junior leaders assist with camp activities. If you are selected to be a Junior Leader, there will not be a charge for the camp, but you are still required to fill out all forms. If you are interested in attending this camp or being a Junior Leader, please print, fill out & mail in the application form. The application deadline is June 1, 2011. All forms can be found on the 4-H Blog, alleghany4h.blogspot.com or by contacting the 4-H office.

If you are notified of being accepted for camp, you will receive a camp manual that outlines the planned activities. If you have any questions or would like more information, please contact the 4-H office at 336-372-5597 or Donna Hash at 336-359-8457.

4-H Investigates

July 26 - 28 ~ 8:30 am – 4:30 pm daily
Ages: Rising 6th - 8th graders
Cost: $15 ~ Limit: 5

Who killed Henry Ward? Participants will become detectives and determine who killed Henry Ward in a hit-and-run car accident almost 100 years ago. To solve this crime, you will utilize various techniques including blood typing, forensic anthropology, fingerprint analysis, impression analysis for tires and shoes, hair analysis, blood spatter and DNA evidence. Join us as we travel to East Wilkes Middle School to learn about forensic science and play the role of a CSI detective! Space is limited and preference will be given to youth who have not participated previously. (Parents, be advised that field trips will include the Surry County Jail, information about the Body Farm—Forensic Anthropology Center and the Elkin Animal Diagnostics Lab.) Transportation, lunch and snacks are provided. We will meet at the County Office Building (90 S. Main St.) parking lot each morning at 8:30 am.

Registration Deadline: Friday, July 1st

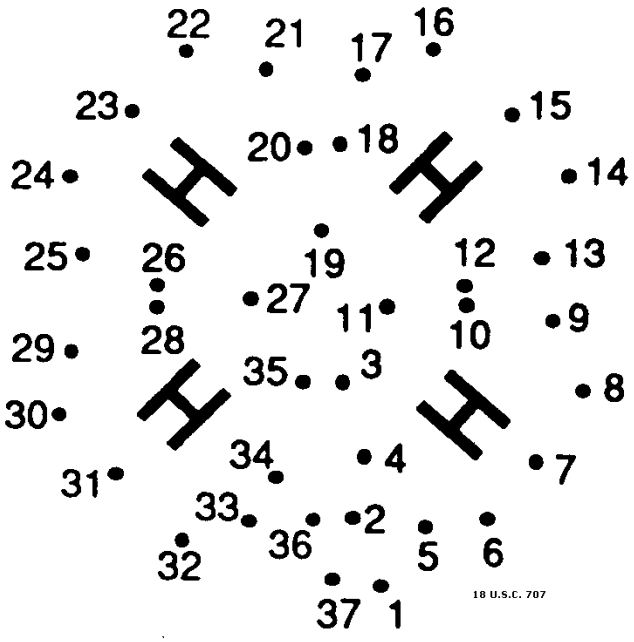
End of Summer / Back to School Bash

July 29 ~ 5 pm – 9 pm
4-Her's and their families are welcome
Duncan Recreation Center
$5

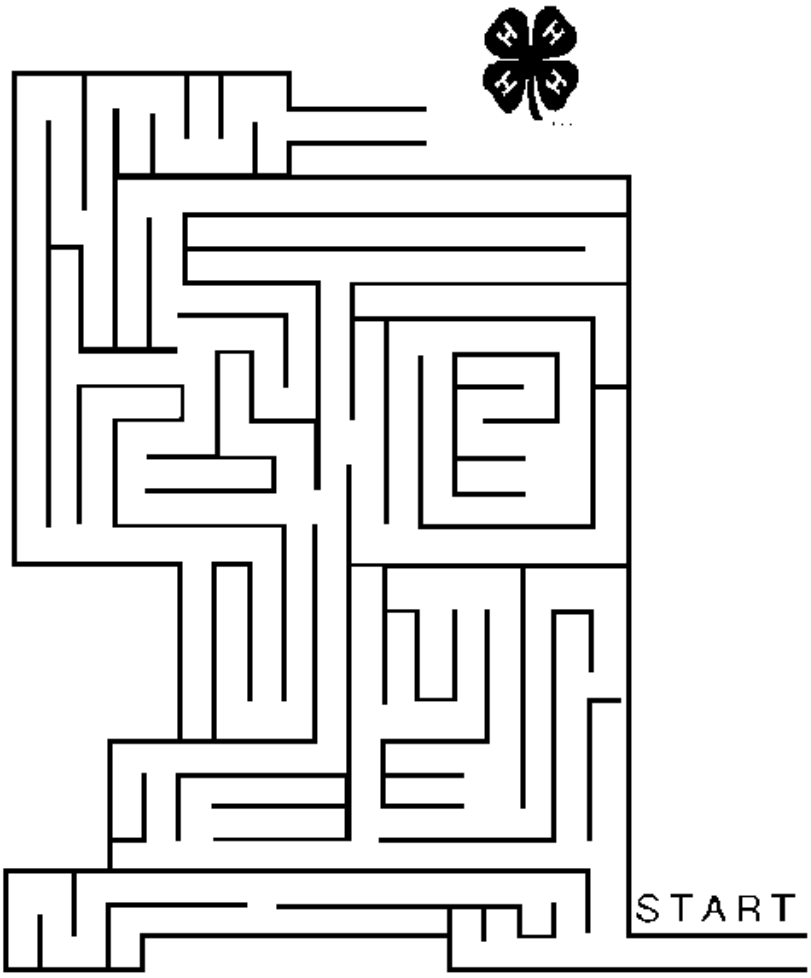
Come help us finish off a great summer with a Back to School Bash. This is a chance for 4-Hers and their families to come out and enjoy some great food and fun before heading back to school. This will be a fun night to spend with friends, family and 4-H. Pre-registration is required. Meal will be provided. Youth under 10 must be accompanied by an adult.

Registration Deadline: Wednesday, July 20th

Connect the Dots



Follow the Path To 4-H



Please Remember....

☑ You must come in person to register for ANY and ALL events.

☑ If there is a fee, payment is due at time of registration.

☑ All forms must be completed upon registration.

NC State University
A&T State University
COOPERATIVE EXTENSION
Empowering People • Providing Solutions

SCHOLARSHIP APPLICATIONS ARE AVAILABLE AT THE EXTENSION OFFICE OR ONLINE AT WWW.ALLEGHANY4H.BLOGSPOT.COM

North Carolina Cooperative Extension Service

NC STATE UNIVERSITY

Alleghany County Center
P.O. Box 7
Sparta, NC 28675

Address Service Requested