**4-H Mock Horse Bowl & Hippology**

Rockingham County 4-H will host a Mock Horse Bowl Practice on **January 12, 2008** at the Rockingham County Cooperative Extension Center in Reidsville, NC. They will have Hippology supplies and equipment to practice with. Registration starts at 9:00 am and the contest will begin at 10:00 am. This event is open to all 4-Hers! Plan on attending even if you do not have a Horse Bowl or Hippology team together yet, because they are going to mix everyone up to form new teams to practice at this event. **The entry deadline is January 10th.**

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**Project Record Books**

It's time to put the finishing touches on those project record books. The deadline for turning in your completed project record books is 5:00 pm on Monday, **January 14, 2008**. If you have any questions or need help with your record book, please contact me or your Club Leader.
NW District Horse Bowl

The Northwest District Horse Bowl is coming up soon. This year the event has been set for Saturday, February 16, 2008 at the Rockingham County Extension Office. Each team must consist of at least 4 youth. If you are interested in participating in this event, please contact your Club Leader or the Extension Office by January 8th.

FIT AND FUN 4-H Food Show

Come show off your cooking talents at the FIT AND FUN 4-H Food Show. You will be able to participate in workshops and activities related to healthy lifestyles and show off the food that you have prepared. The food show is open to all 4-hers (ages 5-18). It will be held on February 23, 2008, 9:00 a.m. - 12:00 in Wilkes County. The deadline for Entries is February 15, 2008. Watch the Alleghany 4-H blog and February Newsletter for more information.

State Volunteer Leaders Conference

The North Carolina Volunteer Leaders Conference will be held at the Sheraton Imperial Hotel and Convention Center in Research Triangle Park on February 1-3, 2008. If you are interested in attending, let me know by January 14th.

The theme this year’s conference is 4-H: Building Tomorrow’s Leaders Today.

The following topics will be covered:

- 4-H Records: Win, Win As Much As You Can!
- Magic of Electricity: A to Z’s and One, Two, Threes
- Parenting Matters
- What Can Green Do 4 U?
- Winning Ways with Healthy Lifestyles

The tentative Agenda and Registration form with costs can be found on the 4-H Blog at http://alleghany4h.blogspot.com or by contacting the Extension Office.

4-H Volunteers

Make a World of Difference
OPERATION MILITARY KIDS PHOTO & ARTS

The North Carolina 4-H Operation: Military Kids Program has announced the first OMK Photography and Arts Contest. The contest is opened to youth ages 5-18. The age categories are 5-8, 9-10, 11-12, 13-15, 16-18 years old. The contest is designed to introduce youth to photography and the arts as a part of the 4-H Expressive Arts Curriculum. Youth will utilize their photography skills and their artistry, but most importantly, what freedom, patriotism and support for our troops means to them. All photographs and artwork will be displayed during the week of 2008 North Carolina 4-H Congress, other events and appropriate venues.

All photographs must be taken between January 1, 2008 and the time of entry. All entries must be postmarked prior to April 30, 2008. For more information and the regulations and entry form, visit the Alleghany 4-H Blog at http://alleghany4h.blogspot.com or contact the Extension Office at 336-372-5597.

Overseas Adventure from the Ukraine to Alleghany County

Have you ever thought about traveling to foreign country and living for a year? Well that’s exactly what one 4-her from the Ukraine has done. We are very excited to have Inna Zhekova, a 16 year old student staying in Alleghany County. She is living with Hall family (Bonnie, Al, Cate, Victoria and James) in Twin Oaks and is attending her senior year at Alleghany High School. She arrived in Alleghany on August 10th, 2007 and will be here through May of 2008. Inna is very excited to be here and loves the mountains and the friendly people. She was one of about 1200 exchange students that came to the United States to participate in the exchange program. Inna has made herself a part of the Hall family and enjoys spending time with her two new sisters and brother. Since she has been here, Inna has been able to do lots of fun activities like riding a horse and visiting places around North Carolina. She has also been attending various 4-H events such as 4-H Council Conference and will attend Winterfest coming up on January 18-19.
**Club Corner**

**Nifty Needles 4-H Club**

The Nifty Needles met on Dec. 15 for a meeting during which we discussed the openness of the members in attendance to pursue different projects involving needles such as knitting, felting and crocheting. The consensus was that the members would like to do projects which are short and doable in one or two meetings. So with that in mind I have contacted Leigh Goodyear who will come to our Feb. 9th meeting to teach us to tatter. She will bring a project where we will make a greeting card and decorate it with the tattered lace we will learn to do. The club meets again on Saturday, Jan 15th at the county building from 9 to 12.

Sincerely,

[Signature]

Amy Pardue
Extension Agent
4-H Youth Development