



# Alleghany Clover News

February, 2017

Amy Lucas, 4-H Agent

## Teen Retreat

## T-Shirt Design Competition

The North Central District needs your help to design the 2017 Teen Retreat T-Shirt!

Please design in black and white only and please use the T-shirt Design Form that can be found on the 4-H Blog or Facebook page to design YOUR Teen Retreat shirt and submit to the Extension Office by **February 15th**. You can email your submissions to amy\_lucas@ncsu.edu

District Officers will judge all entries and the winner will get to showcase their shirt for the District at Teen Retreat in March.

\*\*\*\*WAIT\*\*\*\* Not the creative type but still want to have a say???? Visit & join the NC 4H - North Central District Facebook page to VOTE for your favorite T-Shirt Color. Color choices are Red, Pink, Golden Yellow, Gray and Navy Blue.

The winning color will be matched with the winning design for a truly unique shirt. We can't wait to make you a part of Teen Retreat!



# Beekeeping Essay Contest

Did you know that honey bees maintain a temperature of 92-93°F in their hive regardless of the outside temperature? Sounds pretty balmy on a day like today! We encourage our 4-H youth to explore more about the fascinating story of the hardworking honeybee by participating in the **North Carolina 4-H Beekeeping Essay contest**. The essay provides a platform for youth to creatively express their working knowledge and research of the craft of beekeeping.



**2017 Beekeeping Topic: “How can MP3 (Managed Pollinator Protection Plan) more effectively protect honey bees from pesticide exposure?”** Beekeeping has had its 5 minutes of fame for the past seven years. Now more than ever, the general public along with beekeepers are asking “What will happen if the bees are gone?” With the continued threat of pesticides, this is a very real question. Your paper should research and help answer this question.

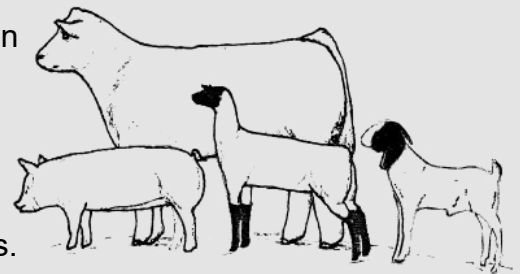
For a complete listing of rules, as well as helpful hints, please visit: <http://www.growforit.org/programs/detail/beekeeping-essay> The winner of the state contest is forwarded on to the National Contest.

**Essays are due to the Extension Office by 5pm on February 23rd** and should be emailed to [amy\\_lucas@ncsu.edu](mailto:amy_lucas@ncsu.edu). For more information contact the office at 336-372-5597 or you may visit the blog or Facebook page.

## 2017 NC State Fair Youth Livestock Scholarship Application

The North Carolina State Fair will award up to 25 scholarships, valued at \$2,000, to youth who have exhibited livestock at the N.C. State Fair, regardless of breed, class or show placement.

The scholarships are designed for high school seniors and students currently enrolled in an institute of higher education who have participated in the junior livestock or market turkey shows at the N.C. State Fair. The scholarships were funded by sponsors of the annual N.C. State Fair Junior Livestock Sale of Champions. The number of scholarships awarded each year is based on qualified applicants and funds available from the previous year’s Sale of Champions.



**Completed applications are due March 1, 2017.**

<http://www.ncstatefair.org/documents/2017NCStateFairLivestockScholarshipApplication.pdf>

# 2017 4-H Food Show

## "Family Favorites"

**Who:** Youth ages 3+

**When:** Saturday, March 11, 2017

**Deadline to Register:** March 3, 2017

**Cost:** Free

**Where:** Yadkin Cooperative Extension Office (2051 Agricultural Way, Yadkinville, NC)

It's time to show off all your culinary skills at the upcoming Area Food Show! This will be held on Sat., March 11th and is open to youth ages 3 and up. There are four age categories to participate in: Pre-Cloverbud (3-4) Cloverbud (ages 5-8), Junior (9-13), and Senior (14-18). The theme this year is "Family Favorites", so we would love to see a family-favorite dish.

**Categories include: snack/appetizer, main dish, vegetable/soup/salad and desserts.**



This is also a great time to show off your table presentation skills (i.e. tablecloth, flowers or decorative items that go with the theme of your dish). You must bring serving plates and utensils for at least two judges (plastic and paper are fine). At the end of the day we will all get to sample everyone's dishes so additional plates and utensils are recommended but not mandatory.

**Transportation can be provided but you MUST let us know ahead of time.**

We will leave the office at 8:00 am. Setup will begin at 9 a.m. and Judging will begin at 9:45 a.m. Your dish must be cooked ahead of time. There are no microwaves or stoves available, but we do have access to electric outlets. While judges taste all the wonderful recipes, participants can enjoy different hands-on activities.

Participants will be judged on recipe, taste, table setting and nutrition. All participants will receive a cookbook of all the recipes featured at the event. You must fill out a registration form to participate. A link to these forms can be found on the blog or by contacting the Extension Office. There are also sample questions listed of things the judges may ask you. If you would like more information about food show, please contact the office at 336-372-5597.

## TEEN RETREAT

**Date:** Sat., March 25– Sun., March 26, 2017

**Location:** Betsy-Jeff Penn 4-H Center, Reidsville, NC

**Times:** We will leave the office at 7:00 am on Saturday. Return home by 3pm on Sunday.

**Cost:** \$90/person for Full Time Registration or \$70/person for Saturday Only (scholarships may be available)

**Deadline to register:** Wednesday, March 10<sup>th</sup> @ 5 pm

**Activities will include:** Workshops, Outdoor Recreation (Canoeing, rock wall, etc.), Dance, Campfire, District Officer elections and lots more!!!

**Registration:** Registration will be done online through Google Forms, so you will need to contact the Extension Office to Register.



# WHEP TEAMS BEING FORMED!

Are you interested in wildlife and the habitats they live in? If so, you may want to learn more about WHEP (Wildlife Habitat Education Program). We are now forming teams for 2017. Two former WHEP participants will be coaching our teams this year. Bryan Cassell and Gretchen Huysman have both participated and won at the state level and competed at the National Level, placing 3rd.

The contest is open youth ages 8-19 (you must be 8 as of January 1, 2017). Youth will be on teams ages 8-13 (Juniors) and 14-19 (Seniors). Teams will be able to travel to the state contest and if winners, travel on to the national contest. The state competition typically occurs in May. You do not need prior experience to participate.

For more information contact the office at (336) 372-5597, You can also visit the state website @ <https://forestry.ces.ncsu.edu/4h/>. The practice schedule will be determined by participants and coaches.



## Upcoming Livestock Events

There are lots of upcoming livestock opportunities. Visit the blog, Facebook page or Alleghany County Extension Website for more information on each of the events listed below.

What: NC Livestock School  
When: March 4  
Who: Youth ages 9-19.  
Where: Eastern Carolina Ag & Education Center, Tarboro, NC

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What: East Coast Extravaganza  
When: March 4-5  
Who: Youth must be under the age of 21 as of January 1, 2017  
Where: Eastern Carolina Ag & Education Center, Tarboro, NC

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What: Clover Classic Livestock Show  
When: March 18-19  
Who: Youth must be under the age of 18 as of January 1, 2017  
Where: Winston-Salem Fairgrounds

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What: Western NC Livestock Judging Clinic  
When: March 25  
Who: Youth ages 9-18  
Where: NC Mountain State Fairgrounds, Fletcher NC

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What: Onslow County Farm Bureau 2017 Livestock Showdown  
When: April 1  
Who: Youth must be under the age of 21 as of January 1, 2017  
Where: Mike's Farm Beulaville, NC

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What: Spring Fling Livestock Show  
When: April 14-15  
Who: Youth must be under the age of 21 as of January 1, 2017  
Where: NC Mountain State Fairgrounds, Fletcher NC

### Meat Goat Clinic

The Richmond County 4-H Livestock Club is partnering with Richmond County Cooperative Extension to host a show meat goat clinic at the Richmond County Cooperative Extension office on Saturday, April 1, 2017 from 8:30 a.m. - 4:00 p.m. for both parents and youth! This event is open to parents, prospective showmen, and current showmen. We will have several speakers throughout the day covering topics such as: selection, nutrition, judging, parasite management, hoof trimming, and clipping! A portion of the clinic will be in a classroom environment, however, the majority of the clinic will be hands-on for both the parents and youth. Lunch, snacks, and drinks will be provided the day of the event. If you have any questions feel free to call/text Coleman Berry at (910)206-5053 or email him at [colemanworldslargeststrawberry.com](mailto:colemanworldslargeststrawberry.com)  
REGISTRATION DEADLINE: MARCH 29, 2017  
SIGN UP AT: <https://4hmeatgoatclinic.ticketleap.com/2017/>

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### Clover Classic 4-H Livestock Show

March 18 & 19  
Winston Salem Fairgrounds

The Clover Classic 4-H Livestock Show will be held March 18 (Beef Heifers and Steers) and 19 (Sheep and Meat Goats) at the Winston-Salem Fairgrounds. Entries must be postmarked by February 28. More information can be found on-line at <http://forsyth.cc/CES/CloverClassic.aspx>.



# HORSE PROGRAMS & DEADLINES

If you are interested in any of the Horse Artistic Expression or Creative Writing Events, please go to their pages by using the links provided (live links can be found on the 4-H Facebook Page, Blog or the Allegheny Extension Website). Additional information and links to entry forms are found on each page. All are due May 1, 2017

**Craft Horse Contest** – Exhibit your craft skills by creating horse items for your horse or yourself. This opportunity allows the youth to explore and develop economical alternatives for themselves and their horse.

**Horse Drawing Contest** – Broaden your horizons and use your creative talents to increase awareness of the horse project through drawing exhibitions.

**Horse Painting Contest** – Encourages members to apply their artistic talent within the horse project area by increasing their knowledge and skill in equine painting while learning the value of developing visual exhibits for a specific topic.

**Horse Poster Contest** – Provides a medium for youth to visually demonstrate their interest in horses. Enables youth to improve their skills in linking words and visuals to create an appealing display.

**Horse Photography Contest** – Encourages youth to gain self-confidence, while developing life-time photographic skills. While learning the value of organizing and developing visual exhibits, youth will increase their knowledge of photography as it relates to horses.

**Horse Sewing Contest** – Exhibit your sewing skills by creating horse items for your horse or yourself. This opportunity allows the youth to explore and develop economical alternatives for themselves and their horse.

**Horse Creative Writing Contests** – Learn to become a more effective writer while exploring the wonderful world of horses.



Must-watch TEDx Talk with Virginia Tech student and University of Maryland Extension 4-H alum Elizabeth Galbreath on #4H, service, and global citizenship.

<http://shout.lt/bqV7d>

"The opportunities that I've had in 4-H have taken me around the world and ultimately changed my life."

Elizabeth Galbreath  
TEDxVirginiaTech: "Redefining Service"



## 4-H PLANT SALE

Information on the 2017 4-H Plant Sale is coming soon. This will be sent out separately since our plant sale has grown so much over the last few years.

This year we will have blueberries, raspberries, blackberries, vegetables, herbs and more.

Be sure to check the 4-H Blog and facebook page often for more information and deadlines.

**All** money raised goes to support our 4-H youth to attend camps and other 4-H events.

## IMPORTANT DATES:

**February 15:** Entry Deadline ~ Teen Retreat T-Shirt Design Contest

**February 23:** Essay Deadline ~ Beekeeping Essay Contest

**March 1:** Application Deadline ~ State Fair Livestock Scholarship

**March 3:** Reg. Deadline ~ 4-H Food Show

**March 10:** Reg. Deadline ~ Teen Retreat

**March 11:** 4-H Food Show; Yadkin Cooperative Extension

**March 25-26:** Teen Retreat; Betsy-Jeff Penn 4-H Center

**July 16-21:** 4-H Camp; Betsy-Jeff Penn 4-H Center



Sincerely,

*Amy Lucas*

Amy Lucas

Extension Agent

4-H Youth Development

Address Service Requested

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North Carolina Cooperative Extension Service

NC STATE UNIVERSITY