



# ALLEGHANY CLOVER NEWS

October, 2017

Amy Lucas, 4-H Agent

## Service Project Opportunity

Alleghany 4-H will be accepting donations through the month of October to help provide relief for the those impacted by recent hurricanes in Texas, Florida and Puerto Rico.

A donation box will be located at the Extension Office, 90 S Main St., Sparta. Please let us know if you have any questions. We will mail supplies collected at the end of the month.

Examples of items include: first-aid supplies, diapers, batteries, baby food, hygiene products. Anything is appreciated. You can also visit [texas4hfoundation.org/give/](http://texas4hfoundation.org/give/) to make a monetary donation to assist victims of Hurricane Harvey.



The gulf coast region of Texas has experienced massive damage and destruction from Hurricane Harvey. In times like these we see the good in countless individuals who wish to lend a hand and help comfort those in need.

In response to the disaster on the coast many local 4-H clubs are hosting supply drives where items can be delivered quickly and efficiently to the storm zone. The Texas 4-H Youth Development Program and the Texas 4-H Youth Development Foundation are facilitating a monetary campaign to directly support 4-H club and county programs in the hurricane zone.

### HOW YOU CAN HELP:

#### Give On-Line

- 1** Go to the Texas 4-H Foundation website at: **[texas4hfoundation.org](http://texas4hfoundation.org)**
- 2** Click on link at the top right: **GIVE NOW**
- 3** Complete the online form (Gift Designation Box please type "4HSupportsTexas") and payment information. Once complete, click the submit button.

#### By US Mail

You can also send a check or money order to:  
**Texas 4-H Youth Development Foundation**  
Attn: **4HSupportsTexas Fund**  
PO Box 11020  
College Station, TX 77842

Please make checks to "Texas 4-H Foundation" and write "4HSupportsTexas" in the memo section of your check/money order.

**Your donation will be  
tax deductible.**

If you are part of a 4-H club/group (Texas or across the country) that is hosting a supply drive we would like to know the impact you are making. Once your drive is over please report your impact at:

**<https://fs4.formsite.com/state4h/harvey/index.html>**



The members of Texas A&M AgriLife will provide equal opportunities in programs and activities, education, and employment to all persons regardless of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation or gender identity and will strive to achieve full and equal employment opportunity throughout Texas A&M AgriLife.



# 2017 State Fair

The State Fair is just around the corner, October 12<sup>th</sup> – 22<sup>nd</sup> at the state fairgrounds in Raleigh, NC. Be sure to check out all the various fruit and vegetable entries, including the largest pumpkin and the largest watermelon in the Expo Center. There is a photo op site near these giants. One of the most interesting categories is for unusual shaped vegetables. There's also a milking demonstration as well as catch the "Buzz" at the Bee and Honey Area. Learn about the animals that inhabit North Carolina's forests and oceans with hands on activities and be sure to stroll through the Old Farm Machinery exhibit near the Children's Barnyard and see a

collection of vintage tractors and horse-drawn equipment on display. Not to mention all the livestock shows, rides, games and food. There's lots to see and do this year. For more information visit [ncfair.org](http://ncfair.org).



## 4-H YOUTH IN ACTION AWARDS PROGRAM

Are you a 4-H'er who has a great 4-H story to tell? Are you a 4-H'er with a passion for Agriculture, Citizenship, Healthy Living, or STEM? If so, then you need to share your story and apply for the 2018 4-H Youth in Action Awards!

Through these awards, National 4-H Council will honor four confident leaders in our core pillar areas of Agriculture, Citizenship, Healthy Living and STEM. Each pillar winner will receive a \$5,000 scholarship for higher education, along with an all-expenses paid trip to Washington, D.C. for National 4-H Council's Legacy Awards and the opportunity to serve as the official spokesperson for their pillar area.

You must be between ages 16-19 to apply. **Applications may be submitted now through October 23.** Access the application and more information on our website, [www.4-H.org/YouthInAction](http://www.4-H.org/YouthInAction).



## INCREDIBLE WEARABLES ~ NATIONAL YOUTH SCIENCE DAY

**Who:** Youth ages 10+

**When:** Wednesday - October 25

**3:30 pm ~ 5:30 pm**

**Where:** County Office Building (90 S. Main St)

**Cost:** \$5 (snack included)

Developed by the University of Nebraska - Lincoln, the Incredible Wearables kit is a fun way to learn how to build a wearable fitness tracker. We will be learning about fitness trackers, then building and programming one of your own.

For more information or to register, contact the Extension Office at 336-372-5597.





# FALL SHOOTING SPORTS INSTRUCTORS TRAINING

October 27-29

Millstone 4-H Camp – Ellerbe, NC

The fall 4H Shooting Sports instructor training registration is now open. Link to the page is on this website: <http://www.nc4-hshootingsports.org>

The instructor workshop is designed to give leaders the necessary information and skills to be 4H shooting sports instructors in a particular discipline. These leaders need to be trained as a 4H volunteer and be familiar with how 4H functions. For more information contact the Extension Office @ 336-372-5597



## NORTH CENTRAL DISTRICT VOLUNTEER LEADER'S FALL DAY

**Saturday, November 11**

**8:30 am – 3:30 pm**

**Alamance Community College**

**1247 Jimmie Kerr Rd., IGraham, NC**

**Registration Deadline - November 1**

Fall Day is open to all adult volunteers and those interested in becoming volunteers. This is a FREE event!! Don't miss out on a great way to network with other volunteers, learn about new curricula, learn leadership skills and more.

Please register to ensure adequate amount of supplies. More information will follow soon. If you are interested in attending, please contact the Extension Office. Transportation may be available.

## FALL 4-H PLANT SALE

Alleghany 4-H will be having its 4th annual fall plant sale with a variety of wonderful things available. We will have Blackberries, Raspberries, Blueberries, Grapes, Fruit Trees and several perennials.

Look for more information in the next week to be posted on website, blog and Facebook page. All money raised will be used to provide scholarship opportunities to Alleghany youth to camp and other 4-H events.



# Youth Summit

Bryan Cassell, an Alleghany County 4-Her, recently attended the 8th annual North Carolina Association of County Commissioners (NCACC) Youth Summit, which was held in Durham, North Carolina. North Carolina 4-H and the North Carolina Cooperative Extension Service partnered for the 8th year with the NCACC on a multi-year initiative to increase youth involvement in county government. This initiative aims to overcome the mindset that many youth are disengaged and lack trust in government.

Bryan participated in numerous workshops including True Colors learning about various personality types and also a budget simulation dealing with what it takes to make county-wide decisions and how this affects citizens and organizations within a community. Over 73 counties were represented. The event is sponsored and supported by the North Carolina Association of County Commissioners.



**SAVE THE DATE**

## 2018 NC 4-H Volunteer Leaders' Conference

*Yesterday, Today, Tomorrow and Beyond*

February 2-4, 2018  
Sheraton Imperial  
4700 Emperor Blvd, Durham, NC

More information on registration and workshop options will follow in upcoming newsletters.

## IMPORTANT DATES:

Oct 12-23: State Fair; Raleigh

Oct 25: National Youth Science Day  
Experiment

Oct 27-29: Shooting Sports Volunteer  
Training; Millstone 4-H Camp

Nov 4-5: State Council Conference; Raleigh

Nov 11: Leaders' Fall Day; Alamance County





# A Summer of Great Adventures!

Summer Fun 2017 is officially over we just wanted to share some of the amazing adventures we experienced.

Contact the Extension Office to find out how you can become involved with 4-H.





KEEP  
CALM  
AND  
JOIN  
4-H

Sincerely,  
*Amy Lucas*  
Amy Lucas  
Extension Agent  
4-H Youth Development

Address Service Requested



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