



ALLEGHANY 4-H SUMMER FUN 2018

Summertime is almost here and we are excited about the fun activities we have planned for you. We hope you will join us for our events. For each activity listed in this newsletter, you will see the ages that apply. You do not have to be a current 4-Her to participate.

You **MUST** either come to the Extension Office or use the online form to register for each activity & it is strongly suggested that you sign up early, as there are a limited number of spaces available.

If there is a fee, payment is due at the time of registration to secure your child's space. There is also a one-time registration fee of \$14, which includes a t-shirt.

Parents must complete needed paperwork at registration, including a medical release, code of conduct, and media release. Program agendas are subject to change, at the discretion of the 4-H Agent.

Hope you will join the fun!



REGISTRATIONS WILL BE
ACCEPTED STARTING
FRIDAY, MAY 18 AT 9 AM

Amy Lucas
Amy Lucas
Extension Agent
4-H Youth Development

BEGINNER LAMB CAMP

June 4th, 5th & 7th
Alleghany Fairgrounds Barn
Ages 5-12
Cost: \$10 ~ Limit: 8
9 am - 11 am daily

Come learn the basics of showmanship and working with animals. No previous showing experience necessary. Must wear closed toe shoes.



TAKE THE BAIT

June 8th ~ 9 am - 12 pm
Ages: 10+ ~ Cost \$5
Limit: 12
Registration Deadline: June 6th

We will travel to a local fishing pond and spend the morning fishing. Try your luck

casting and see if you can catch the "big one"! We will

meet at the County Office Building Parking Lot (90 South Main

Street). Poles, bait and snack will be provided.



MOVIE NIGHT

June 6th ~ 6 pm – 9 pm
Ages: 5+
Cost: \$10
Registration Deadline: June 4th

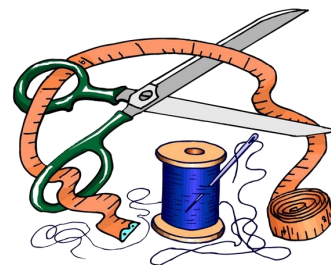
Come join us at the Extension Office for an awesome night of pizza, popcorn and a fantastic movie!! A great way to start your summer and meet some new 4-Hers.



Sew Much Fun

June 11th ~ 9 am - 3 pm
Ages: 10+
Cost \$10 ~ Limit: 10
County Office Building - 2nd floor
Registration Deadline: June 6th

Come learn the basics of sewing. Participants will enjoy a full day of learning basic sewing skills, designing some awesome creations they will get to take home, and having "sew much fun" with friends while learning! **Bring a bag lunch and drink.**



CONSERVATORS CENTER

June 12th ~ 8 am – 5 pm
Ages 8+
Cost: \$20 ~ Limit: 13
Registration Deadline June 1st

Ever looked a tiger in the eye? You may have an opportunity to hear lions call to one another, howl with wolves, and meet a binturong for the first time. This is a trip you will never forget! Travel with us to Burlington to see some exciting animals up close. **Bring a bag lunch and drink.**

You must have a signed waiver to join us on this trip. Waiver can be found at the Extension Office, on the Facebook page and/or the blog.

U.S. NATIONAL WHITEWATER CENTER

June 13th ~ 8 am - 7 pm
Ages: 12+ (you must be able to swim)
[Under 12 only with a parent]
Cost: \$65 (Scholarships may be available)
Limit: 5
Registration Deadline: June 1st



Come with us as we make our way to Charlotte, NC for a day of outdoor adventure. You will have unlimited access to the following: Whitewater Rafting, Canyon Crossing, Climbing, MegaZip, Mega Jump, Mountain Biking, Adventure Course, Climb 2 Zip, Flatwater Kayaking, Whitewater Kayaking, Stand-Up Paddle Boarding and Eco Trekking. This will be the most thrilling trip of the summer so don't miss out!! Snacks will be provided. You will need to bring money for lunch (\$10-\$15). We will meet at the County Office Building Parking Lot. Closed toe shoes are **REQUIRED** for all land activities and water shoes with a strap are **REQUIRED** for water activities. **NO flip flops!**

You must have a signed waiver if you plan to Whitewater Raft. Waiver can be found on the Facebook page and blog.

ZOO SNOOZE

SAFARI ADVENTURES

June 14-15th
Ages: 8-12
Cost: \$40 ~ Limit: 4
Registration Deadline: June 4th

Come with us as we safari through Africa and North America exhibits on an overnight adventure to see creatures and plants from different areas of the world. Participants will get to hand feed giraffes from the giraffe deck and partake in the "Birds in Flight" exhibit where we'll see majestic macaws, sun conjures, hawks, owls, falcons, and owls demonstrate natural behaviors and perform aerial acrobatics! The fun will resume the next morning as we explore the zoo on our own. The zoo takes about four hours to walk through and view all the exhibits. Please wear comfortable shoes!

We will leave from the parking lot of the County Office Building Thursday at 2:30pm and return at 5pm Friday afternoon. Snacks, breakfast and transportation are provided. You will need to bring additional money for dinner on Thursday and lunch on Friday (approx. \$20).



Additional spending money is optional. An "items to bring list" will be sent to participants. We will leave on Thursday from the County Office Building Parking lot. Preference will be given to youth who have not participated previously.

Teacups & Ties

June 18th
9 am - 3 pm
Ages: 8-12
Cost: \$25 ~ Limit: 6
Registration Deadline: June 13th

Have you ever been to a fancy dinner and didn't know which fork was which? Join us as we travel to Dobson and participate in a group etiquette class with Surry and Wilkes counties.

Participants will take part in an entertaining and interactive session to learn the value of proper behavior, self-respect and consideration towards others.



We'll be learning proper table manners, including posture, silverware placement, dining do's and don'ts, kind words and phrases, and how to interact with servers. We will end the day with a tea party where female participants will get to make their own Kentucky Derby hat and male participants will get to dress up as waiters.

Bring a bag lunch and drink.

Barter Theater – Snow White and the Seven Dwarfs

June 19th
8 am – 5 pm
Ages 8+ (5-7 with paying adult)
Cost: \$20 ~ Limit: 15
Registration Deadline: June 5th

Come with us on an adventure to Barter Theatre. The beautiful Snow White is forced to flee her home when the wicked queen's jealousy threatens her life. Snow White soon makes friends with seven dwarfs who take her into their home. When the queen learns that Snow White is still alive, it takes the love of a handsome hero and the courage of her newfound friends to save the day.



We also be doing a "talkback" session with the actors after the show. Lunch is included.

WET N WILD EMERALD POINTE

June 20th ~ 8 am - 6 pm
MUST BE ABLE TO SWIM
Ages 8+ (ages 5-8 with a paying adult)
Cost: \$40 ~ Limit: 10
Registration Deadline: June 6th

Join us for a wet 'n wild day of fun in the sun! That morning we will begin with a short workshop on water and sun safety. Then, we will spend the rest of the day enjoying the water park. Transportation, lunch and your ticket into the amusement park, will be provided. You will need to bring money for any additional drinks/snacks you may want while in the park and for any souvenirs you may wish to purchase. We will meet at the County Office Building Parking Lot (90 South Main Street). Please be sure to bring your bathing suit and a change of clothes, as well as, a towel and sunscreen.
 *Bring money for extra drinks and snacks



District Activity Day – Presentation Competition

June 22nd
Vance County
Ages 5+ ~ FREE
Registration Deadline: May 21st

District Activity Day is a presentation competition between youth ages 5-19 from our 20 county district. Youth are able to present on a variety of topics (see categories). Winners from District Activity Day may be able to attend the state level presentation competition held at NCSU during 4 -H Congress.

Categories: There are over 35 categories you can present in. A few of these include: Bugs and Bees, Small and Companion Animals, Horse, Wheels and Engines, Safety, Science and Technology, Soil, Water and the Environment, 21st Century Communication, Interior Design and Home Space, Forestry and Wildlife, Egg Cookery, Health and Fitness, Citizenship, 4-H Entertains and an Open Class. For a full list of categories with descriptions, please visit the blog or Facebook page. **Entertains:** 4-H Entertains is the talent portion of the competition. Ages 9+ are eligible for 4-H entertains. **Cloverbud Presentations** (ages 5-8) – We will again be allowing Cloverbuds to participate in District Activity Day and give their presentations. Cloverbuds are a non-competitive category. These presentations should be no longer than 5 minutes and they may be on any topic, but no live animals.



County activity day is May 23 @ the County Office Building *You must present to Amy before you can be eligible to attend District Activity Day*

HUNGRY MOTHER STATE PARK

June 25th ~ 8:30 am - 5pm
Ages: 8+ (ages 5-7 with parent)
Cost: \$10 ~ Limit: 15
Registration Deadline: June 18th



We will go on an adventure to Hungry Mother State Park where we will have a great morning of hiking and exploring and then spend the afternoon swimming. Please no flip flops in the morning. Bring sunscreen, water bottle, towel and a change of clothes. Transportation and snacks provided. **Bring a bag lunch and drink.**



 is AMAZING!

CLOVERBUD DAY

June 28th ~ 9am - 1pm
Ages: 5-8

Cost: \$10 ~ Limit: 12
Lions Club Pavilion

Registration Deadline: June 21st

Come learn the basics of 4-H and explore the world around you. We will be doing art, crafts, storytime. Learn how to make nutritious snacks, go on a nature scavenger hunt and more. Don't miss out on this fun-filled adventure

Bring a bag lunch and drink. Be sure to wear comfortable shoes and sunscreen.



TUBING the NEW & ASHE EXPLORATION

June 29th ~ 8 am – 5 pm
Age 10+ (under 10 with a paying parent)
Must be able to swim
Cost \$15 ~ Limit: 12
Registration Deadline: June 20th

We will get out and enjoy mother nature as we meet up with two other 4-H county groups for a tube float down the New River! Participants will learn about the history of the river as well as plants and wildlife that call the river home. Life jackets and tubes will be provided.

After our float we will head to Ashe County Cheese and explore downtown. Bring a bag lunch, water bottle, change of clothes, towel water shoes (tennis shoes or shoes with a strap) and sunscreen. NO flip flops.



Greensboro Science Center

July 16th / 8 am ~ 5 pm
Ages: 8+ (5-7 with paying parent)
Cost: \$25 ~ Limit: 12
Registration Deadline: June 30th

Go with us to visit the Greensboro Science Center! We will tour the museum, zoo and North Carolina's only inland aquarium. We will see African penguins, sharks, otters, stingrays and turtles. Join us for a great day of learning and fun. Transportation, lunch and snacks are provided. We will meet at the County Office Building Parking Lot.



STEAM DAYCAMP STREAM ECOLOGY

July 17th ~ 8 am - 12 pm
Wet lab – Wilkes Campus;
WCC (Register through Alleghany Center)
Cost: \$30

(Each Alleghany youth rising 6th – 10th grader is eligible for a free course scholarship).



Identify salamanders and macroinvertebrates and also analyze data to determine water quality. Learn to use water testing kits and dissecting microscopes. Explore how factors tie together to make a healthy ecosystem. Students will be wading in shallow water. Water shoes are recommended.

Registration is May 16; 3 pm – 6:30 pm.
You must register for this class through
WCC – Alleghany Center.

Late registration is only accepted until classes are full. Parents will need to complete late registration during a scheduled appointment with Alan Wyatt. Call 336-903-3143 to make an appointment.

Food Preservation

July 19th & 20th
8:30 am – 3:30 pm each day
Ages: 8+
Cost: \$15.00 ~ Limit: 5

Can't take the heat? Get out of the kitchen! We'll be using local produce from the Farmer's Market to learn how to can and preserve food. It is no surprise that with a rapidly increasing population it is important that we learn the challenges in our food system and empower our youth to control their personal food supply. What better way to do this than to learn to preserve? We will travel to Surry County for this hands-on workshop and we will focus on different preservation methods including canning, freezing, and pickling. **Bring a bag lunch and drink.**



NC 4-H CONGRESS



July 20th – 24th
Ages: 13 –18 ~ Limit: 5
Cost: \$250 ~ includes transportation,
hotel and most meals
(scholarships may be available)

North Carolina 4-H brings young people from across the state to the NCSU Campus in Raleigh, for four days of activities, competition and friends.

Youth will attend state presentation competition, a variety of leadership workshops, dances, meet 4-Hers from across the state and participate in the election of incoming state officers.

****You must do a presentation at County Activity Day to be eligible to attend****

Registration Deadline: June 20th



Chef & Child

July 24th - 26th
9:30am – 12:30pm ea. day

Ages: 8-12

Cost: \$10 ~ Limit: 12

Registration Deadline: July 12th

Do you like to cook or want to learn how? Come out and join us & a professional chef for a 3 day series where you will learn about nutrition, safety and food preparation. Each day you will cook & eat a variety of recipes. We will meet at the AHS Family & Consumer Education Classroom.
****Preference will be given to youth who have not participated previously****



HORN IN THE WEST

July 26th ~ 4 pm – 11 pm

Ages: 9+

Cost: \$15 ~ Limit 12

Registration Deadline: July 18th

This is a can't miss event. Join us as we travel to Boone to enjoy a nice dinner and then watch the outdoor drama Horn in the West. Dinner will be provided.

"Horn in the West," the nation's oldest Revolutionary War drama, brings to life the famous frontiersman Daniel Boone and the hardy mountain settlers of this region in their struggle to preserve their freedom during the turbulent years before and during the War for Independence.
www.horninthewest.com



Cloverbud Day – Environmental Awareness

July 27th ~ 9 am – 1 pm

Ages: 5-8

Cost: \$10 ~ Limit: 12

Lions Club Pavilion

Registration Deadline: July 18th

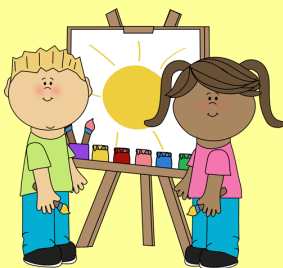


Come be part of the excitement as we learn about our environment, composting, recycling and more. Learn about the importance of 4-H as well as how to protect our environment. We will be playing games, art projects, stories, nutrition and more. Wear comfortable shoes and sunscreen. ***Bring a bag lunch and drink.***

ART ADVENTURES

July 30th ~ 1pm - 4pm
Ages: 7+
Cost: \$20 ~ Limit: 20
Registration Deadline: July 23rd

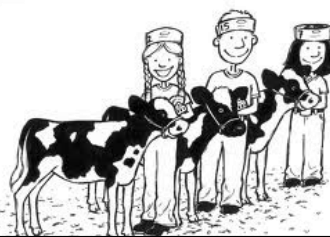
Join us as we are guided step by step and learn how to paint a beautiful canvas painting. No experience necessary! You will take home a completed work of art. Meet at the Emerson Black Building of Allegheny Fairgrounds.



DAIRY CALF CAMP

July 30th - August 3rd
9 am - 11 am daily
Ages: 8+
Cost: \$10 ~ Limit: 8
Allegheny Fairgrounds Barn

Come out and learn about the agriculture industry and improve on your showmanship skills. Preference given to youth who have prior showmanship experience. Must wear closed toe shoes.



FARM TO FEET

July 31st
8:30 a.m. - 4:00 p.m.
Ages: 8+
Cost: \$20 ~ Limit: 12
Registration Deadline: July 15th

When you put on your socks in the morning, do you ever wonder where they came from or how they were made? Well now you can find out! Travel with us to Mt. Airy to visit Nester Hosiery-the world's most technologically advanced sock producer. We will get to see how the socks are knitted, finished and packaged. Each participant will go home with their own pair of Farm to Feet socks!

Meet at the County Office Building. Wear closed toe shoes. ***Bring a bag lunch and drink and water bottle.*** Additional money may be brought to purchase things in store.



TEEN CAMP 2018

August 6th - 8th
Ages: 13-18
Cost \$200
\$50 deposit will hold your spot.



We are heading to Charleston, SC for our 2018 4-H Teen Camp. We will be touring the historic district, going on a ghost tour, participating in a marine ecology program, visiting Fort Sumter National Monument, enjoying a low country boil and much more. A separate registration form is needed. Space is very limited.

AGRICULTURE & INDUSTRY TOUR

**August 12th – 17th
Youth ages: 10+
\$50 deposit to reserve your space**

Join Alleghany, Davidson, Davie, Forsyth, Surry, Wilkes, and Yadkin Counties for a multi-state ag tour to Fair Oaks Dairy, Louisville Slugger Museum, Churchill Downs, Lexington Horse Park, the CATerpillar visitors center, John Deere World Headquarters, and more!

A \$50 deposit is required to save your spot and space is limited. Refunds will be given until June 1, 2018. Payment is due in full by June 15th. Full payment amount is TBD based on sponsorships.

The trip is open to adults, youth ages 10 and up (with a responsible adult) or youth ages 14-18 with the permission of an extension agent that is attending the tour.



Please Remember....

- ☒ You must either come in person or use the online form to register for ANY and ALL events. All forms must be completed upon registration.
- ☒ It is strongly suggested that you sign up early, as each activity has a limited number of spaces.
- ☒ If there is a fee, payment is due at time of registration. There is a one-time registration fee of \$14, which includes a t-shirt.
- ☒ For payment, we gladly accept Cash, Checks, and Debit/Credit Cards.

To Make the Best **BETTER**

Address Service Requested



Alleghany County Center
P.O. Box 7
Sparta, NC 28675



ALLEGHANY 4-H SUMMER FUN 2018



REGISTRATION FORM

**REGISTRATION FORM, FEES, ENROLLMENT FORM AND NOTORIZED
MEDICAL RELEASE MUST BE SUBMITTED AT TIME OF REGISTRATION**

Participant's Name: _____

Age: _____ D.O.B. _____ Grade: _____

Address: _____

City/State/Zip: _____

Parent/Guardian: _____

Daytime Phone: _____

Home Phone: _____

Emergency Phone (name and number): _____

Parent/Guardian Cell Phone: _____

Parent/Guardian E-mail: _____



<input type="checkbox"/>	Beginner Lamb Camp / Ages 5-12	\$10
<input type="checkbox"/>	Movie Night / Ages 5+	\$10
<input type="checkbox"/>	Take the Bait / Ages 10+	\$5
<input type="checkbox"/>	Sew Much Fun / Ages 10+	\$10
<input type="checkbox"/>	Conservators Center / Ages 8+	\$20
<input type="checkbox"/>	Whitewater Center / Ages 12+	\$65
<input type="checkbox"/>	Zoo Snooze / Ages 8-12	\$40
<input type="checkbox"/>	Teacups & Ties / Ages 8-12	\$25
<input type="checkbox"/>	Barter Theatre / Ages 8+	\$20
<input type="checkbox"/>	Wet 'N Wild Emerald Pointe / Ages 8+	\$40
<input type="checkbox"/>	District Activity Day / Ages 5+	FREE
<input type="checkbox"/>	Hungry Mother / Ages 8+	\$10
<input type="checkbox"/>	Cloverbud Day / Ages 5-8	\$10
<input type="checkbox"/>	Tubing the New / Ages 10+	\$15
<input type="checkbox"/>	Greensboro Science Center / Ages 8+	\$25
<input type="checkbox"/>	Food Preservation / Ages 8+	\$15
<input type="checkbox"/>	NC 4-H Congress / Ages 13-18	\$250
<input type="checkbox"/>	Chef & Child / Ages 8-12	\$10
<input type="checkbox"/>	Horn in the West / Ages 9+	\$15
<input type="checkbox"/>	Cloverbud Day (Enviro.)/ Ages 5-8	\$10
<input type="checkbox"/>	Art Adventures / Ages 7+	\$20
<input type="checkbox"/>	Dairy Calf Camp / Ages 8+	\$10
<input type="checkbox"/>	Farm to Feet / Ages 8+	\$20
<input type="checkbox"/>	Teen Camp / Ages 13-18	\$200
<input type="checkbox"/>	Agriculture Tour / Ages 10+	TBD

T-Shirt	
Please check size (no numbers please)	
Youth Small	
Youth Medium	
Youth Large	
Adult Small	
Adult Medium	
Adult Large	
Adult XL	



REGISTRATION TOTAL	
Registration Fee	\$ 14.00
Activity Total	\$
GRAND TOTAL	\$

Make checks payable to: *Alleghany 4-H*

Debit & Credit Cards accepted in person or over the phone.