

ALLEGHANY 4-H SUMMER FUN 2023



SUMMERTIME IS HERE!! We are excited about the fun activities that we have planned for you. We hope you will be able to join us for our events..... For each activity listed, you will see the cost & ages that apply for that activity.

You MUST either come to the Extension Office (85 E. Whitehead Street) or use the online Google Form to register for each activity and it is strongly suggested that you sign up early, as availability is very limited. YOUR SPACE IS NOT FULLY RESERVED UNTIL PAYMENT IS MADE.

If there is a fee, payment is due at the time of registration to secure your child's space. There is also a one-time registration fee (per child) of \$20, which includes a t-shirt. Cash or check are the only accepted forms of payment. Please make checks payable to: Alleghany 4-H

Parents MUST complete online 4-H enrollment through 4-H Online 2.0 in order to participate in any 4-H events. This is in addition to registering for the Summer Fun programs. Program agendas are subject to change at the discretion of the 4-H Agent.

REGISTRATIONS (online & in-person) WILL BE ACCEPTED BEGINNING ON MONDAY, MAY 22, 2023 AT 9:00 AM.



Tuesday, MAY 30th

6pm - 8:30pm

AGES: 5+

COST: \$10

Come join us at the Alleghany County Fairgrounds (Emerson Black Building) for an awesome night of pizza, popcorn, a fantastic movie and more!! Get to know Ms. Amy & Ms. Michele and many of the 4-Hers that will be involved in our program throughout the summer! This is a great way to kick off a perfect 4-H summer.



**CAROLINA
RAPTOR
CENTER**

Thursday, JUNE 1st

8am - 5pm

AGES: 8+

(under 8 with a paid adult)

COST: \$15 / LIMIT: 15

Hawks, eagles, owls and more. . . Would you like to learn more about birds of prey?

Join us as we travel to the Carolina Raptor Center for an awesome day learning about these exciting creatures. Where they live, what they eat and special adaptations that make them unique.

There will be lots of walking so wear comfortable, closed-toe shoes. Pack a bagged lunch with a drink & a water bottle.

Drop off & Pick up will be at the Farmers Market



Cloverbud Day

The Power of Pollinators

Friday, JUNE 2nd ~ 9am - 1pm

AGES: 5-8

COST: \$10 / LIMIT: 10



Did you know that one out of every three bites you eat is thanks to the work of pollinators? Dancing bees and flutter, fluttering butterflies, join us for a summer exploration of our pollinator friends! On this fun day, get ready to race to gather the most nectar, waggle our bodies like a honey bee, and eat our way through pollinated foods. You won't want to miss out on stories, crafts, games and more!

Bring a bagged lunch with a drink, a water bottle and wear sunscreen.

We will meet at the Farmers Market

GREENSBORO SCIENCE CENTER

Monday, JUNE 5th ~ 8am - 5pm

AGES: 8+ (5-7 with paid adult)

COST: \$25 / LIMIT: 12

Go with us as we tour the museum, zoo and NC's only inland aquarium. You won't want to miss the new exhibits and amazing creatures on display. Join us for an amazing day of fun!!! You will need to bring money for additional drinks/snacks and gift store.

Bring a bagged lunch & drink / Drop off & Pick up will be at the Farmers Market

GRANDFATHER MOUNTAIN

Wednesday, JUNE 7th ~ 8am - 6pm

AGES: 8+ (5-7 with paid adult)

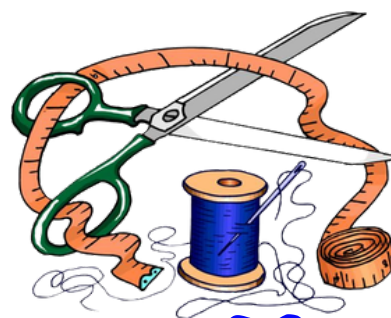
COST: \$15 / LIMIT: 12

Registration Deadline: June 1st

Join us for a fun-filled day as we explore one of NC's natural attractions. There are nature walks, hiking trails, wildlife habitats and the Mile-High Swinging Bridge. We will also get to enjoy an animal program presented by the naturalists. **Be sure to wear sunscreen, dress accordingly & wear comfortable shoes (NO flip-flops or sandals. A light jacket is suggested.**

Bring a bagged lunch with a drink and a water bottle.

Drop off & Pick up will be at the Farmers Market



Sew Much Fun

Thursday, JUNE 8th ~ 1pm - 4pm

AGES: 8+

COST: \$10

LIMIT: 10

Come out to a great day of sewing fun. We will learn about hand sewing, as well as machine sewing and will create a take home project. Join us & show off your creativity.

There will be another sewing date later in June that will be a different project. Youth can pick a larger project to enter in the 4-H fashion revue. . .

We will meet at the Alleghany County Library

ART ADVENTURES

Friday, JUNE 9th ~ 9am - 12pm

AGES: 7+

COST: \$20

Join us as we are guided step by step and learn how to paint a beautiful piece of art. No experience necessary! You will take home a completed masterpiece.

We will meet at the Emerson Black Building at the Allegheny fairgrounds.



******If you plan to attend both Art Adventures & Cool in the Pool, Please bring a bagged lunch & drink******



Cool in the Pool

Friday, JUNE 9th ~ 1pm - 6pm

AGES: 8+ (MUST be able to swim)

Under 8 ONLY with a paid adult

COST: \$5 / LIMIT: 12

Come cool off with us for an afternoon of fun at the Independence Pool.

Bring a towel, sunscreen & a change of clothes. We will provide snacks, but you can bring money if you want to purchase items from the snack bar.

Drop off & Pick up will be at the Farmers Market.

If van space fills up, parents can transport to the pool to drop off & pick up

U.S. NATIONAL WHITEWATER CENTER

Monday, JUNE 12th ~ 8:30am - 6:30pm

AGES: 12+ (Under 12 ONLY with adult)

****YOU MUST BE ABLE TO SWIM****

COST: \$75

(Scholarships may be available)

LIMIT: 8



Come with us as we make our way to Charlotte, NC for a day of outdoor adventure. You will have unlimited access to the following: Whitewater Rafting, Canyon Crossing, Climbing, MegaZip, MegaJump, Mountain Biking, Adventure Course, Climb2Zip & Flatwater Kayaking,

Closed toe shoes are required for all land activities - water shoes with a strap are required for water activities - NO flip flops

Bring \$20 for lunch or a bagged lunch & drink. Bring your bathing suit and change of clothes, as well as, a towel & sunscreen.

Drop off & Pick up will be at the Farmers Market.

TURKEY CALLING 101



Tuesday, JUNE 13th
8am - 3pm / AGES: 8+
COST: \$25 / LIMIT: 5

Have you ever wanted to learn how to use a turkey call? How about making one?

During this workshop, youth will learn about the history of call making, different call styles and how to use them. You will make your own call to take home.

Bring a bagged lunch & a drink.

Drop off & Pick up will be at the Farmers Market.

Sew Much Fun II



Wednesday, JUNE 14th
10am - 2pm
AGES: 8+
COST: \$10 /
LIMIT: 10

Come out to a great day of sewing fun. We will learn more about hand sewing as well as machine sewing and will create a take home project. Join us & show off your creativity.

This will be a different project than will be offered earlier in June. Youth can also use these days to continue their sewing projects for Fashion Revue. Attendance at first sewing day is not required to attend this event.

Bring a bagged lunch & a drink. We will meet at the Alleghany County Library

CREEPER TRAIL

Thursday, JUNE 15th
8am - 5pm
AGES: 10+
COST: \$40 / LIMIT: 10

Join us as we spend our day peddling downhill on a 17-mile trail through and over some of the most spectacular scenery imaginable! The trail includes farm lands, rushing creeks, and dense forests. Registration includes shuttle, bike, and helmet.

Bring a bagged lunch with a drink & a water bottle.
Drop off & Pick up will be at the Farmers Market





BACKYARD POULTRY 101

Winston-Salem Dash

**Friday, JUNE 16th
4pm - 11pm**

AGES: 8+ (under 8 with a paid adult)

**COST: \$30 (includes ticket &
all you can eat dinner)**

LIMIT: 15

We're taking you out to the ballgame!!! Come with us to the Winston-Salem Dash game vs. Asheville Tourists . . . and it's Fireworks Friday!!! You don't want to miss out on a great evening.

Drop off & Pick up will be at the Farmers Market

Monday, JUNE 19th

12pm - 5pm

AGES: 8+

COST: \$5 / LIMIT: 10

4-H has a number of poultry programs available for youth to participate in. We will travel to Wilkes County for an open house to learn about poultry programs. There will be a mock poultry judging contest, avian bowl contest and go over the cooking contests associated with 4-H Poultry.

Drop off & Pick up will be at the Farmers Market



Wet 'n Wild / Emerald Pointe

Tuesday, June 20th ~ 8am - 6pm

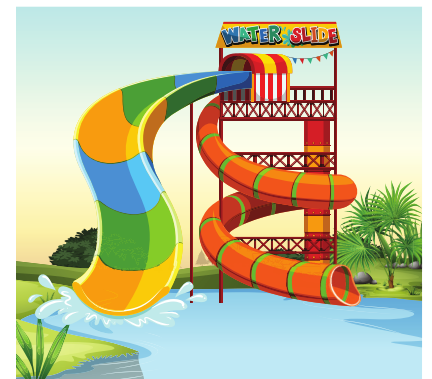
AGES: 12+ (under 12 with paid adult)

COST: \$60 / LIMIT: 15

****MUST be able to swim unless accompanied by an adult****

Join us for a wet 'n wild day of fun in the sun! We will begin the day with a short workshop on water & sun safety. Then we will spend the rest of the day enjoying the water park.

Transportation, lunch & the park ticket will be provided. You will need to bring money for additional drinks/snacks and gift store. Bring your bathing suit and change of clothes, as well as, a towel & sunscreen. **Drop off & pick up will be at the Farmers Market.**



Fly Tying Workshop & Fish Hatchery Tour

Wednesday, JUNE 21st

8:30am - 5pm

AGES: 10+

COST: \$15 / LIMIT: 6

Join us for an awesome day learning about fish and fly tying. We will join our friends in Wilkes for a fly tying workshop and visit the fish hatchery in Marion, NC. Come see the NC Wildlife trout hatchery and learn how trout make their way into public waters.

Bring a bagged lunch with a drink & a water bottle.

Drop off & Pick up will be at the Farmers Market



District Activity Day



June 24, 2023
NC A&T State University
Ages 5-18



Our 4-H presentation program enables youth to learn about new topics, develop a presentation and utilize public speaking skills at the County, District and sometimes state-level competitions. This is a great way for our youth to develop effective communication skills and provide them with skills that will last a lifetime!

This event is open to youth ages 5 - 18 (age as of January 1). 5-8 (non-competitive).

If you plan to participate at District Activity Day you need to register at the link below before May 26.

We are available to help you with your topic and presentations. You must present at the county level before you can present at District day.

To learn more and to register for County Activity day visit the link:

go.ncsu.edu/readext?933374



Monday, JUNE 26th

8 am - 5 pm / AGES: 8+

COST: \$20 / LIMIT: 12

Do you like to go FAST? We will travel to Charlotte to the Nascar Hall of Fame where we will take part in career experiences through driving simulations and changing a tire as pit crew members. We will travel through 17 SPARK stations that include artifacts, NASCAR productions, hands-on exhibits, Hall of Honor, broadcast studio, and more! Each participant will take part in the Engineering for Racing workshop, where we will explore the engineering behind a race car.

Bring a bag lunch and a drink. Bring extra money for the gift shop.

Drop off & Pick up will be at the Farmers Market



Barter Theatre

Robin Hood



Friday, JUNE 30th ~ 8am - 5pm

AGES: 8+ (under 8 with paid adult)

COST: \$15

LIMIT: 15

Join us as we travel to the NC Zoo and explore both North America and African exhibits. You won't want to miss this exciting day with the animals.

Bring \$20 for lunch in the park, a water bottle & wear sunscreen.

Drop off & Pick up will be at the Farmers Market.

Wednesday, JULY 5th

8am - 4pm

AGES: 8-12

(under 8 with paid adult)

Cost \$20 (includes lunch)

LIMIT: 12

Robin Hood and his band of Merry Men are determined to save their fellow citizens from the clutches of the wicked Prince John. One day, while robbing from the rich to give to the poor, Robin meets the beautiful Lady Marian, who is being forced to marry the prince against her will. Can Robin rescue her before it's too late? Join us for an action-packed adventure through Sherwood Forest as we relive the most famous English legend of all.

Drop off & Pick up will be at the Farmers Market.



TREASURE HUNT



Friday, July 7th

9am - 3pm

AGES: 8-12

LIMIT: 10 / COST: \$5

Have you ever been on a treasure hunt? Come with us as we take a geocaching adventure. You never know where the adventure may take us or what we might find.

Bring a bagged lunch with a drink and a water bottle. Close toed shoes are required.

Drop off & Pick up will be at the Farmers Market.



TAKE THE BAIT

4-H Summer Camp Betsy-Jeff Penn 4-H Center

**July 9-14
COST: \$525**

(scholarships may be available)

Registration Deadline: June 16

There are still spots for 8-12 year olds to attend 4-H Summer Camp. Only traditional male and female spots are available.

For more information, visit:
<http://go.ncsu.edu/readext?913225>

**Tuesday, JULY 18th
8:30am - 1pm**

AGES: 8+ (5-7 with a paid adult)

COST: \$10 / LIMIT: 12

We will travel to a local fishing pond and spend the morning fishing. Try your luck casting and see if you can catch a Big One! Poles, bait and snack will be provided.

Bring a bagged lunch with a drink, water bottle & sunscreen. Closed-toe shoes are recommended.

Drop off & Pick up will be at the Farmers Market.



Cloverbud Day Just Grow It



Wednesday, JULY 19th

9am - 1pm

AGES: 5-8

COST: \$10 / LIMIT: 10



Want to know more about plants and where your food comes from? We will learn how to plant vegetables, care for plants and harvest a garden to eat over the summer! We will also explore soil, bugs, and have a lot of hands-on fun.

Bring a bagged lunch with a drink, a water bottle and wear sunscreen.

We will meet at the Farmers Market

Cool in the Pool

Wednesday, JULY 19th ~ 1pm - 6pm

AGES: 8+ (MUST be able to swim)

Under 8 ONLY with a paid adult

COST: \$5 / LIMIT: 12

Come cool off with us for an afternoon of fun at the Independence Pool.

Bring a towel, sunscreen & a change of clothes. We will provide snacks, but you can bring money if you want to purchase items from the snack bar.

Drop off & Pick up will be at the Farmers Market.

If van space fills up, parents can transport to the pool to drop off & pick up



NC State Campus

July 21 - 25

Deadline to register - June 15

Open to youth ages 13 - 18

Cost \$250 - covers registration and some meals (scholarships may be available)

****You must do a presentation at District Activity Day to attend Congress****

Chef & Child

Tuesday-Thursday, JULY 25th - 27th

9:30am - 12:30pm each day

AGES: 8-12

COST: FREE ~ LIMIT: 12

LOCATION: To be announced

Do you like to cook or want to learn how? Come out and join us & a professional chef for a 3 day series where you will learn about nutrition, safety and food preparation. Each day you will cook & eat a variety of recipes.



TUBE THE NEW & ASHE COUNTY ADVENTURES

Friday, AUGUST 4th ~ 9am - 5pm

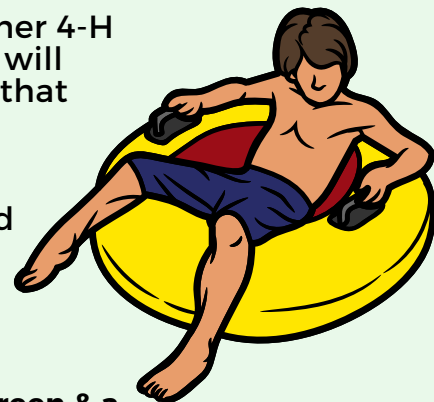
AGES: 10+ (Under 10 ONLY with a paid adult)

****MUST BE ABLE TO SWIM****

COST: \$25 / LIMIT: 12

We will get out and enjoy mother nature as we meet up with other 4-H county groups for a tube float down the New River! Participants will learn about the history of the river as well as plants and wildlife that call the river home. Life jackets and tubes will be provided.

After our float we will head to Ashe County Cheese and explore downtown. , water shoes (tennis shoes or shoes with a strap) and sunscreen. NO flip flops!



Bring a bag lunch with a drink and a water bottle.

Bring a towel, water shoes (tennis shoes or shoes with a strap, sunscreen & a change of clothes. NO FLIP-FLOPS

Drop off & Pick up will be at the Farmers Market.



Teen Camp 2023 Outer Banks



Tuesday-Thursday, AUGUST 8th ~ 10th

AGES: 12+ / LIMIT: 10

COST: \$250 (Scholarships may be available)

We have an amazing adventure to the Outer Banks planned for this year's 4-H Teen Camp. Join us as we learn about dune ecology, marine biology, North Carolina coastal history, team building and leadership skills. We will tour the Bodie Lighthouse, Wright Brothers Memorial, Corolla Lighthouse, Jockey's Ridge, attend a Red Wolf Howling and more. Take an adventure with us as we explore the NC Outer Banks.

A \$50 deposit is required to hold your spot. Balance due must be paid by July 17. Registrations canceled by July 5th will receive a 50% refund. Cancellations after July 5th will not receive a refund.

KAYAKING THE NEW

Monday, AUGUST 14th ~ 9am - 3pm
AGES: 10+ (Under 10 ONLY with paid adult)
****YOU MUST BE ABLE TO SWIM****
COST: \$32 / LIMIT: 12



Come learn the basics of kayaking and give it a try on the New.

Bring a bag lunch with a drink & a water bottle. Must have shoes with a strap. No flip flops. Bring a towel, change of clothes, sunscreen.

Drop off & Pick up will be at the Farmers Market.

HUNGRY MOTHER STATE PARK

Wednesday, AUGUST 16th ~ 8:30am - 5pm
AGES: 8+ (under 8 with parent or guardian)
****MUST BE ABLE TO SWIM****
COST: \$15 / LIMIT: 15

Come with us as we go on an adventure where we will have a great morning hiking and exploring then visit with a Park Ranger after lunch. We will then enjoy an afternoon of swimming.

Be sure to bring bathing suit, towel & change of clothes.

Bring a bagged lunch with a drink, sunscreen, water bottle & bug spray.

Drop off & Pick up will be at the Farmers Market



Discover
Yourself
in 4-H





PLEASE REMEMBER....



Registrations will be accepted beginning on **Monday, May 22nd at 9am.**



You MUST either come in person or use the [online form](#) to register for ANY and ALL events. All forms must be completed upon registration. *Our office is currently at 85 E. Whitehead Street, 2nd floor*



It is strongly suggested that you sign up early, as each activity has a limited number of spaces.



If there is a fee, payment is due at time of registration to secure your child's space. There is a one-time registration fee (per child) of \$20, which includes a t-shirt.



The accepted forms of payment are only cash or check. Payment can be brought in person to the Extension Office or mailed in. Please make checks payable to: Allegheny 4-H.



I PLEDGE

MY HEAD
to clearer *thinking*

MY HEART **to
greater
loyalty**

 **MY** TO

HANDS LARGER SERVICE

MY HEALTH
to better living

FOR MY CLUB & MY
MY COMMUNITY
MY COUNTRY world.



ALLEGHANY 4-H SUMMER FUN 2023



REGISTRATION FORM

A COMPLETED REGISTRATION FORM & FEES MUST BE SUBMITTED AT THE TIME OF REGISTRATION.

YOU WILL BE NOTIFIED IF YOUR CHILD IS ABLE TO PARTICIPATE IN THE ACTIVITIES CHOSEN.

Participant's Name: _____

Age: _____

DOB: _____

Grade in the Fall: _____

Street Address: _____

City / State / Zip: _____

Parent / Guardian Name: _____

Parent / Guardian Cell Phone: _____

Parent / Guardian Email: _____

Home Phone: _____

Emergency Contact Name & Number: _____



<input type="checkbox"/>	May 30th	Movie Night / Ages: 5+	\$10
<input type="checkbox"/>	June 1st	Carolina Raptor Center / Ages 8+ (under 8 with paid adult only)	\$15
<input type="checkbox"/>	June 2nd	Cloverbud Day (Power of Pollinators) / Ages: 8+	\$10
<input type="checkbox"/>	June 5th	Greensboro Science Center / Ages: 8+ (5-7 with paid adult)	\$25
<input type="checkbox"/>	June 7th	Grandfather Mountain / Ages: 8+ (5-7 with paid adult)	\$15
<input type="checkbox"/>	June 8th	Sew Much Fun / Ages: 8+	\$10
<input type="checkbox"/>	June 9th	Art Adventures / Ages: 7+	\$20
<input type="checkbox"/>	June 9th	Cool in the Pool / Ages 8+ (under 8 with paid adult only)	\$5
<input type="checkbox"/>	June 12th	Whitewater Center / Ages: 12+ (under 12 ONLY with adult)	\$75
<input type="checkbox"/>	June 13th	Turkey Calling 101 / Ages 8+	\$25
<input type="checkbox"/>	June 14th	Sew Much Fun II / Ages: 8+	\$10
<input type="checkbox"/>	June 15th	Creeper Trail / Ages: 10+	\$40
<input type="checkbox"/>	June 16th	Winston Salem Dash / Ages: 8+ (under 8 with paid adult)	\$30
<input type="checkbox"/>	June 19th	Backyard Poultry 101 / Ages: 8+	\$5
<input type="checkbox"/>	June 20th	Wet 'N Wild / Ages: 12+ (under 12 with paid adult)	\$60
<input type="checkbox"/>	June 21st	Fly Tying - Fish Hatchery / Ages: 10+	\$15
<input type="checkbox"/>	June 26th	NASCAR Hall of Fame / Ages: 8+	\$20
<input type="checkbox"/>	June 30th	NC Zoo / Ages: 8+ (under 8 with paid adult)	\$15
<input type="checkbox"/>	July 5th	Barter Theatre / Ages: 8-12 (under 8 with paid adult)	\$20
<input type="checkbox"/>	July 7th	Treasure Hunt / Ages: 8-12	\$5
<input type="checkbox"/>	July 18th	Take the Bait / Ages: 8+ (5-7 with paid adult)	\$10
<input type="checkbox"/>	July 19th	Cloverbud Day (Just Grow It) / Ages: 5-8	\$10
<input type="checkbox"/>	July 19th	Cool in the Pool / Ages 8+ (under 8 with paid adult only)	\$5
<input type="checkbox"/>	July 25-27th	Chef & Child / Ages: 8-12	FREE
<input type="checkbox"/>	August 4th	Tube the New / Ages: 10+ (under 10 only with paid adult)	\$25
<input type="checkbox"/>	August 8-10th	Teen Camp / Ages: 12+ Total Cost: \$250	\$50 deposit
<input type="checkbox"/>	August 14th	Kayak the New / Ages: 10+ (under 10 only with paid adult)	\$32
<input type="checkbox"/>	August 16th	Hungry Mother State Park / Ages: 8+ (under 8 with paid adult)	\$15

T-Shirt Size	
Please check size (no numbers please)	
Youth Small	
Youth Medium	
Youth Large	
Adult Small	
Adult Medium	
Adult Large	
Adult XL	

REGISTRATION TOTAL	
Registration Fee	\$ 20.00
Activity Total	\$
GRAND TOTAL	\$

OFFICE USE ONLY	
DATE:	
TIME:	
INITIALS:	
\$	CASH / CHECK

CASH OR CHECK ONLY ~ Checks payable to: Alleghany 4-H